

**Dear Valued Providers** 

We want to be a resource to our Premier Health Group Independent providers. As our health care system begins to stabilize, we will provide clinical and operational updates as they become available to continue and provide support to providers.

In addition, we have created a resources page on the <a href="PHG">PHG</a> website.

Please feel free to contact us directly at (937) 499-7441 with any questions you might have or if you would like to speak with our Medical Director, Scott Swabb, DO.

Yours sincerely,

Renee George President, Premier Health Group

#### IN THIS ISSUE

Updated GDAHA Visitor Restrictions

Request PPE

25 Self-Care Ideas During COVID-19

COVID-19 Update

# **Updated Visitor Restrictions**

Please view the Greater Dayton Area Hospital Association's updated visitor restriction policy.

Updates to the policy include:

- Patients may have one visitor at a time (instead of one visitor per day), meaning that there will no longer be a need to track who each patient's daily visitor is allowed to be.
- Clarification that parents and visitors of NICU patients cannot be COVID-19-positive
- Prohibits COVID-19 positive individuals and symptomatic individuals awaiting test results from visiting patients

These updates took effect on Thursday, Aug. 6.

### **Request Personal Protective Equipment**

The Montgomery County Public Health Department has a significant amount of Personal Protective Equipment (PPE). Requests for PPE can be made through the following link: https://surveys.phdmc.org/s3/COVID-19-EOC-Resource-Request

## 25 Self-Care Ideas During COVID-19

To reduce your anxiety, boost your mental outlook, and savor your free time, try some suggestions recommended by Premier Healthy Living. Try journaling, walking, cooking, crafting, or spending time with a furry friend. Click here for ideas.



## COVID-19 Update:

- US:
  - The United States has seen almost 4.7 million cases, about 1.3% of our total population.
- Ohio:
  - There have been more than 97,000 confirmed cases in Ohio, accounting for approximately 0.8% of all Ohioans. Ohio now has a positivity rate of about 5.5%.
  - The median age of infections in Ohio continues to drop now down to 42.
  - Ohio is testing an average of 23,000 daily. We are expanding the use of rapid point-of-care tests.
  - Montgomery County remains in a Level 3 Public Health Advisory. This means there is very high exposure and spread. More information is available here.
- Premier Health:
  - We have treated a total of 918 (as of 8/6) COVID-19 patients at Premier Health hospitals, including patients who did not require admission.
  - We are now seeing a steady decline in COVID-19 patients in the hospital since our peak last week of 78 admitted patient on July 29.
  - Our positivity rate has remained about 5.3% but increased from 3.5% in June to 6.4% in July.
  - o COVID-19 patients presently account for less than 7% of our total hospitalized patients.

#### Protection and Prevention: Travel Considerations:

- Per the CDC and Ohio Department of Health (ODH), we should be cautious when traveling to highrisk areas when possible.
- International travel information is available here:
  - o <a href="https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html">https://www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.html</a>
- Domestic travel information is available from ODH and is available here:
  - https://coronavirus.ohio.gov/wps/portal/gov/covid-19/families-and-individuals/COVID-19-Travel-Advisory/COVID-19-Travel-Advisory
  - Ohio's current travel advisory includes six states with a 15% or higher positivity rate: Alabama, Arizona, Florida, Idaho, Mississippi, and Nevada.