

Premier Pulse

News for Our Providers

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“Don’t say you don’t have enough time. You have exactly the same number of hours per day that were given to Helen Keller, Pasteur, Michelangelo, Mother Teresa, Leonardo da Vinci, Thomas Jefferson, and Albert Einstein.”

- H. Jackson Brown, Jr.

Follow Through – Offering Our Patients Complete Care

By Andre Harris, MD, chief medical officer, Atrium Medical Center



In basketball, a fundamental principle of a good jump shot is **follow through**. Many young players will flick their wrist or somewhat push

the ball toward the rim and have an inconsistent shot. It does not mean they will not be successful sometimes, but on average, they will not stack up against the great shooters. Following the form all the way through gets the best results.

Medicine has similar mechanics when it comes to excellent patient care. Imagine a physician who only does part of a physical exam or a surgeon who gets 60% of the way through surgery but does not finish.

Most would think this is absurd, yet patients are plagued with a lack of follow through and often become the recipients of substandard care.

It is seen in the discharge summary that the patient never received; the prescription that was intended to be prescribed; or the patient care technician who meant to take the patient to the bathroom but never did. As we continue to perfect our craft, the task must be followed to completion.

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Many times during the day, we have to prioritize tasks to be as productive as possible. David Allen, author of “Getting Things Done; the art of stress-free productivity,” offers this advice: First, capture all tasks in a system that lets you get them out of your head and into a “checklist.” Second, determine what the “next actions” are with this information. Having a group of tasks on a checklist is useless if you have not determined the next viable step to complete the task. Lastly is “curating and coordinating all of that content.”

What are the tasks that only you can handle, and which need to be passed off to someone else who will follow them through? However you choose to manage your day, make sure you **follow through**.

A Shifting Industry

By William “BJ” Krech, III, system director, orthopedic and surgery service line strategy and business development, Premier Health



Across the nation, orthopedic surgery has seen a dramatic shift from inpatient surgery to outpatient surgery,

particularly for total joint replacements. The Southwest Ohio market is no different. From 2020 to 2021, our primary service area has seen a 6.4% increase in outpatient orthopedic surgery and a staggering 38% increase in outpatient total joint replacement surgeries. Furthermore, forecasting experts from Sg2 predict an 18% decline in inpatient orthopedic surgeries over the next 10 years and a 7% increase on the outpatient side.

For Premier Health and many other health systems nationwide, the shift to outpatient cases has caused a significant reduction in reimbursement and thus a reduction in net revenue per case.

For example, Premier’s volume of total knee arthroplasty (TKA) and total hip arthroplasty (THA) were up 473 cases in 2021 versus two years prior in 2019, yet overall contribution margin for these cases was down.

The phenomenon of a shift to outpatient surgery (in many cases with same-day discharge) within the orthopedic industry and its impact to reimbursement has helped define our 2022 strategic priorities for the service line:

- Expand same-day protocols and processes on same-day total joints
- Tier 3 same-day surgery guidelines
- Includes spine, shoulder, and other procedures
- Reduce cost by reducing length of stay (LOS) at facility
- Strong ambulatory surgery strategy
- Continued pursuit of outpatient surgery center development, particularly at

centers with high orthopedic surgical volume

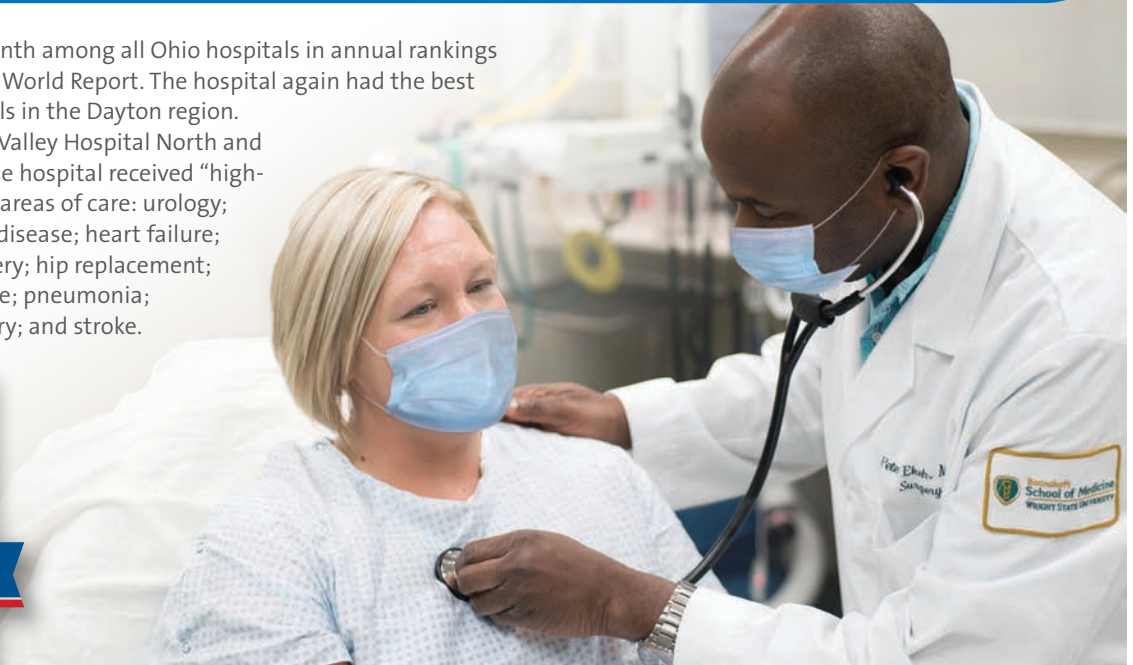
- Explore value-based contracting and alternative payment models
- Condition- or procedural-based bundled payment models
- Direct-to-employer contracting
- Respond to increase in consumerism
- Expand access through walk-in availability, orthopedic urgent care, utilization of open scheduling and telehealth, and align with the digital transformation

Committees across orthopedic groups and various campuses have been formed to tackle these priorities, as well as physician leaders appointed to help drive growth through program development. As we continue to adjust to industry trends, we are grateful for the hard work from these teams and excited to see the continued evolution of orthopedics at Premier Health.



U.S. News & World Report: Miami Valley Hospital Again Tops in Dayton Region

Miami Valley Hospital ranked ninth among all Ohio hospitals in annual rankings released July 26 by U.S. News & World Report. The hospital again had the best performance among all hospitals in the Dayton region. The distinction includes Miami Valley Hospital North and Miami Valley Hospital South. The hospital received “high-performing” designations in 12 areas of care: urology; chronic obstructive pulmonary disease; heart failure; heart attack; colon cancer surgery; hip replacement; knee replacement; kidney failure; pneumonia; diabetes; prostate cancer surgery; and stroke.



COVID Vaccines Available Through Select CompuNet Patient Service Centers

As a reminder, CompuNet Clinical Laboratories offers both the Pfizer and Moderna COVID vaccines at four patient service center locations to individuals 12 years of age or older.

Individuals can opt to receive their initial COVID 2-dose vaccine series or the first or second COVID booster. For the most up-to-date guidance on when it is appropriate to receive each of the vaccine doses, please visit the CDC website at: <https://www.cdc.gov/>

Appointments may be scheduled at PremierHealth.com/vaccine. Patients should remember to bring their vaccine card with them to their appointment if they are receiving their second initial dose or a booster shot.

COVID-19 Vaccine Locations

Appointments are recommended; however, vaccine requests will be honored during lab work visits if slots are available.

- **CENTERVILLE:** Miami Valley Hospital South CompuNet Patient Service Center, 2350 Miami Valley Drive (Thursdays)
- **DAYTON:** Miami Valley Hospital, One Wyoming, Berry Building CompuNet Patient Service Center (Tuesdays)
- **ENGLEWOOD/DAYTON:** Miami Valley Hospital North, 9000 N. Main St., CompuNet Patient Service Center, Suite 303 (Wednesdays)
- **MIDDLETOWN:** Atrium Medical Center, One Medical Center Drive, CompuNet Patient Service Center, 1st floor - inside AMC hospital – (Fridays)



Vaccine documentation will be available through your MyChart account (Premier Health MyChart) as well as through CompuNet's online patient portal at <https://mylabsnow.luminatehealth.com/>. To access or sign up for My Labs Now, go to www.CompuNetLab.com.



Meet Premier Health's New Chief Nursing Officer and Chief Experience Officer



Premier Health is excited to welcome back Lisa Gossett, MSN, RN, CENP, as vice president and system chief nursing officer and chief experience officer. She rejoins

the health system where she began her nursing career 27 years ago in various nursing leadership roles at Miami Valley Hospital and Atrium Medical Center.

Before her current role, Lisa served as chief nursing officer at Riverside Methodist Hospital and then as system chief nursing

executive for OhioHealth in Columbus. As the system chief nursing executive for OhioHealth, she developed and executed a strategic nursing plan that integrated the entire nursing community across the system.

In addition to her extensive executive nursing leadership experience, Lisa has operated her own coaching and consulting business, Gossett Consulting & Insights. Lisa is a trained leadership coach with a passion for supporting leaders in providing the best patient care possible. She authored a book called R.E.A.D.I. to Lead: A Pathway to a Successful First Year as Nurse Manager.

Lisa is a member of the American Organization of Nurse Leaders (AONL), the Ohio Organization of Nurse Executives, the International Coaching Federation, and serves on the board of directors for Junior Achievements of Central Ohio.

Gossett earned a Master of Science in Nursing from the University of Phoenix, and a Bachelor of Science from Wright State University. She also holds a coaching certificate from the Hudson Institute of Coaching.

Atrium Medical Center's Rehab Services Rank 50th In Nation

Atrium Medical Center ranks 50th in the nation for rehabilitation services in the latest annual rankings released today by U.S. News & World Report. The hospital received a "high-performing" designation in four additional areas of care: heart failure; heart attack; kidney failure; and stroke.



Learn How Family Physician Dr. Steve Robbe Met His Wife



Steve Robbe, MD

What is your clinical specialty?
Family Medicine

Where did you go to school?
University of Dayton
– Undergrad

Wright State University – Medical School

What brought you to Premier Health?

I have been affiliated with Miami Valley Hospital and Premier Health since my residency in the 1980s.

Why did you choose medicine as a career?

I have always been interested in science and while it sounds cliché, I have always been interested in helping people.

Who are the people who influenced and/or mentored you?

My parents, of course but also my grandfather, who was a pharmacist.

What is one thing most people don't know about you?

I enjoy hiking!

Where is your hometown?

I was born in Cincinnati, but I have lived in Kettering since I was six years old.

What, if any, sports team(s) do you cheer for?

I love the Green Bay Packers and UD Basketball.

What is the last book you read?

“Dream Team” by David Baldacci

What is your favorite song in your playlist?

“Human” by the Killers

What is your favorite food?

It's a snack – soft pretzels

What is your favorite hobby?

Reading, following my sports teams, and golfing

What is your favorite animal, and why?

Dogs – because of their loyalty to you, they love you unconditionally.

Where is your favorite vacation spot, and why?

Sunrise, Arizona. My wife and I have a second home there.

Describe something (a thing, person, place, experience, etc.) for which you are especially thankful:

I am especially thankful that my wife visited her brother while he was in college for siblings' weekend – it was where we met.

Pick a side

iPhone or Android
iPhone

Early bird or night owl
Night owl

Beach bum or mountain hiker?
Neither

Dress shoes or tennis shoes?
Tennis shoes

Paperback or e-reader?
E-reader

Coffee or tea?
Neither

Cooking or baking?
Cooking

Sweet or salty?
Salty

Provider Praise

Premier Health patients submit thousands of comments each year acknowledging providers across our health system for delivering excellent care. Here is a random sampling of appreciation received in recent months.

I am very pleased with **Dr. Douglas Songer**. He is excellent. His office staff is efficient, professional, and friendly.

Dr. John Powell, staff is friendly and helpful. Dr Powell explained X-rays and procedure he thinks is the best option.

Dr. Rajan Krishnamani: Stellar service.

Dr. Jay Hoffman is the greatest!

I am very happy with **Dr. Julie Larson** as my PCP. She cares about her patients.

Dr. Gary Fishbein has always provided me with complete explanations and answers to any issues I may have! He saved my life several years ago and I continue to trust him completely!

Dr. Eric McHenry always provides the best services. He is caring and supportive, willing to listen and offer the best care.



Anonymous Donor Gifts; Quality Achievement Awards; Remembrance Walk

Atrium Medical Center



Atrium Medical Center has received the American Heart Association and American Stroke Association's Get With The Guidelines®- Stroke Silver Quality Achievement Award.

The award recognizes the hospital's commitment to ensuring stroke patients receive the most appropriate treatment according to nationally recognized, researched guidelines based on the latest scientific evidence from the American Heart Association. The award was earned by meeting specific quality achievement measures for the diagnosis and treatment of stroke patients at a set level for a designated period.

Several clinicians associated with Atrium's neurology program shared their knowledge with 40 junior and senior high school students in the Cincinnati Health Collaborative Tap MD program. Steve Arkin, MD, John Terry, MD, Keith Bricking, MD, president of Atrium Medical Center, and Andre Harris, MD, chief medical officer, were among those who spoke with students and gave them an opportunity to see what a future career in health care could look like.

The Help Endure a Loss (HEAL) Program hosted its annual Remembrance Walk along Turner Trail at Atrium Medical Center. Families walked from Atrium Family YMCA to the HEAL Memory Garden at Atrium, where a brief ceremony and reading of names took place. Stephen Hightower II, chief operating officer of Hightowers Petroleum and chair of the HEAL endowment campaign, also spoke at the event. The HEAL Program at Atrium serves those who have experienced the loss of a child as a source of care and support in a number of ways without cost or obligation, such as support groups.

To show appreciation for its EMS partners, Atrium's Level III Emergency Trauma Center recognized the Franklin Fire





Department and Franklin Police Department at a city council meeting for their work stabilizing a patient who was in cardiac arrest. On May 25, Franklin Fire responded to an emergency call. Upon their arrival, employees of a local roofing company had already placed an automated external defibrillator (AED) and Franklin Police were giving CPR. Franklin Fire continued care and rapidly transported the patient to Atrium. The patient was discharged home two days later neurologically intact.

In other community relations activities: Atrium was a sponsor of two popular events in Middletown: an Independence Day celebration that included a concert and fireworks at Smith Park and the Ohio Challenge, a hot air balloon festival; representatives from Atrium, Fidelity, and CompuNet participated in the West Chester-Liberty Chamber Alliance Business Expo; and the Atrium Medical Center Foundation hosted a fundraiser for the HEAL Program at Rhinegeist Brewery in Cincinnati.

Miami Valley Hospital Campuses

Miami Valley Hospital received the American Heart Association and American Stroke Association's Get With The Guidelines®-Stroke Gold Plus Quality Achievement Award. Additionally, Miami Valley Hospital received the Target: Stroke Honor Roll, Advanced Therapy, and the Target: Type 2 DiabetesSM Honor Roll awards.

Premier Health was a sponsor for the CenterPoint Energy Dayton Airshow. CareFlight was the sole medical provider for the event. Employees from Miami Valley Hospital, Miami Valley Hospital North, and System Support also represented Premier Health by walking in the airshow parade. Joseph Allen, MD, represented the system on the grandstand, welcoming the grand marshal for the parade.

Miami Valley Hospital Foundation received a \$30,000 grant from an anonymous foundation that will support Promise to Hope, a program that provides prenatal and postnatal care to addicted mothers and their babies. The program is comprised of an interdisciplinary team made up of physicians, a registered nurse, and a licensed independent social worker. To date, Promise to Hope has served 719 families since 2015.

More than 175 golfers were registered for The Valley Classic golf tournament at NCR Country Club in Kettering. The tournament, which teed off July 25, raises funds through Miami Valley Hospital Foundation for diabetes patient education at the Bull Family Diabetes Center. Nearly 40 sponsors and 110 auction and raffle donors supported this year's golf tournament.

Good Samaritan Foundation-Dayton and Miami Valley Hospital Foundation began their fundraising initiatives to purchase

18 infusion bays at Miami Valley Hospital North and 22 infusion bays at Miami Valley Hospital South. Each bay will contain a specialized chair that offers both



heat and massage for the comfort of oncology patients. Each bay is a donation of \$6,500 and can be pledged over time.

Premier Health was the presenting sponsor for the annual Centerville Americana Festival Fireworks. Selyne Samuel, MD, FACS, represented Miami Valley Hospital South by giving remarks at the sponsored fireworks event.

Continued on next page



Upper Valley Medical Center

On Aug. 1, Stephen Liptak, MD, clinical psychologist, joined Scott Kanagy, MD, chief medical officer, Upper Valley Medical Center for Troy and Piqua radio morning show interviews to discuss ways that families can help manage back-to-school stress and related topics. Dr. Kanagy also provided a general update on activity at the hospital.



Upper Valley Medical Center received the American Heart Association and American Stroke Association's Get With The Guidelines®- Stroke Gold Plus Quality Achievement Award.

Upper Valley Medical Center received a "high performing" designation for treatment of kidney failure from U.S. News & World Report.

UVMC was the lead sponsor for the Piqua Fourth of July Celebration held in downtown Piqua on July 4. UVMC provided a first aid station, hosted a booth in a prime spot, had a large banner across the main stage, and received acknowledgement from the stage throughout the event.

In other community engagement activities, UVMC was a sponsor or participated in the following activities: Hospice of Miami County Golf Classic on July 11 at the Piqua Country Club; Troy Main Street Plein Air event on July 23 in downtown Troy; Edison State Community College Drive for Scholarships Golf Outing on July 29 at the Troy Country Club; and Riverside MiamiBucs Triathlon on July 31 at Troy Memorial Stadium/Hobart Arena. In addition, UVMC leaders attended the annual State of the Troy Schools luncheon hosted by the Troy Chamber of Commerce on July 21 at the Hobart Bravo Room.

UVMC hosted two summer appreciation events for the UVMC family in July. A complimentary breakfast was held July 7 in the hospital cafeteria and a complimentary barbecue picnic was held July 15 in the cafeteria courtyard.

Premier Physician Network

Premier Health's Comprehensive Head and Neck Oncology Program added several advanced practitioners in recent months, and coming this fall, a second oncoplastic surgeon is joining the team. Mohamedkazim M. Alwani, MD, completed a fellowship in head and neck oncology and reconstructive surgery at the University of Texas Southwestern. With the addition of Dr. Alwani, the program will soon include two dedicated oncoplastic surgeons, three APRNs, and

six ENT providers – all focused on the expert care of our patients with head and neck cancer.

The program is led by Sameep Kadakia, MD, a fellowship-trained facial, plastic, and microvascular reconstructive surgeon with expertise in the extirpation and reconstruction of advanced head and neck malignancies at Premier ENT Associates, as well as an MD Anderson Cancer Network certified physician. This program is Dayton's first and only comprehensive head and neck cancer program, providing area residents a closer option for highly coordinated, multispecialty care, from diagnosis through rehabilitation and recovery. Please feel free to contact Dr. Kadakia with any questions. All summer long, PPN primary care offices have been busy with kids' annual wellness visits and sports physicals. As fall sports begin, there's still time to schedule these important appointments.

PCR swabbing recently became available in PPN primary care offices. Patients who need a COVID-19 test because they have symptoms or suspect they have been exposed to COVID-19 can now call their PPN primary care provider's office for help. PPN primary care providers will collect samples for PCR testing. Patients who need a COVID-19 test to travel can visit [CompuNetLab.com](https://www.compuNetLab.com).



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