

Premier Pulse

News for Premier Health Physicians

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A Special 'Thank You' This Holiday Season

Scott B. Kanagy, DO, MBA, vice president of medical affairs and chief medical officer, Upper Valley Medical Center



The holidays are upon us as families and loved ones are gathering to celebrate. It is a time of year to be thankful for everything we have in our lives.

However, there will be many who require care and compassion this holiday season as some fight for their lives or take their last breath. There will be those in need of caregivers who sacrifice so much every day to help them.

What you do matters to so many, and you will touch countless lives this holiday season. At the end of the day, the sacrifices you make, as an individual, come with a difficult toll. Please remember your family and friends who are missing you, as you provide care to others. Thank them this holiday season for their sacrifice. Most importantly, remember to take time to care for yourself,

your family, and friends. So often we care for others and forget to care for ourselves and the ones we most cherish.

You are surrounded by many others who are also stepping up to the calling of being a part of a health care organization and providing care for those in need this holiday season. Take time to reflect on the careers you have chosen and why you submit yourselves, your family, and friends to helping others. The answer is quite simple: health care is a calling and matters to so many people in our community.

There will be many in the health care field who will not be able to celebrate a holiday on its respective day. It is important that we celebrate all holidays with those we love regardless of the date on the calendar. You make a tremendous difference in the lives of so many. I thank you for all you do every day, but especially during the holiday season. Happy and safe holidays to all.

Creating a Unified Medical Staff



The evolution and growth of Premier Health has raised the question: is it time to create one, unified medical staff?

From the physician perspective, there are a range of benefits to a unified medical staff. The consolidation of medical staff functions and obligations would reduce redundancy and decrease the burden on physicians. A unified medical staff would also increase efficiencies in approval processes when implementing policies, safety initiatives and clinical protocols, and facilitate information sharing between peers. However, the perceived loss of local autonomy resulting from a unified medical staff is a valid concern. In this article, we will explain the proposed structure of a Premier Health medical staff that seeks to preserve a local presence of physician leadership at each site and ensure meaningful representation at the system level.

Background

Similar to the recent standardization of the Medical Staff Bylaws, Dr. Mary Hoppa of the Greeley Company facilitated two three-hour sessions to discuss what a unified medical staff could look like for Premier Health. Twenty-four physicians from Premier Physician Network, Miami Valley Hospital, Atrium Medical Center and Upper Valley Medical Center were invited to participate, including variety in both independent and employed physicians as well as primary care and specialists. Issues concerning governance, leadership, and departments were thoroughly vetted and ultimately voted on by these participating physicians.

The Proposed Premier Medical Staff Medical Executive Committee (MEC)

The MEC structure resulted from a compromise between facility size and equity of representation. As such, the MEC's 15 voting members would include the president and president-elect of each facility (to ensure equal representation) as well as the newly created at-large members for each facility, with MVH having four, AMC having three and UVMC having two (to account for facility size). This MEC would be the recommending body and voice of the medical staff to the Premier Board of Trustees on system medical staff matters, including system initiatives/policies, corrective action, credentialing, and privileging.

Medical Staff Operating Council (MSOC)

The MSOC at each facility preserves the importance of local physician leadership in addressing site-specific issues. These councils include the officers of each facility (president/president-elect), site department chairs, a Credentials Committee representative, the MSQC chair, and a School of Medicine representative (MVH only). The MSOC would oversee the medical staff functions at its own facility as well as monitor and recommend action to the MEC concerning quality, patient safety, and the competency and professional conduct of its medical staff members.

Medical Staff Leadership

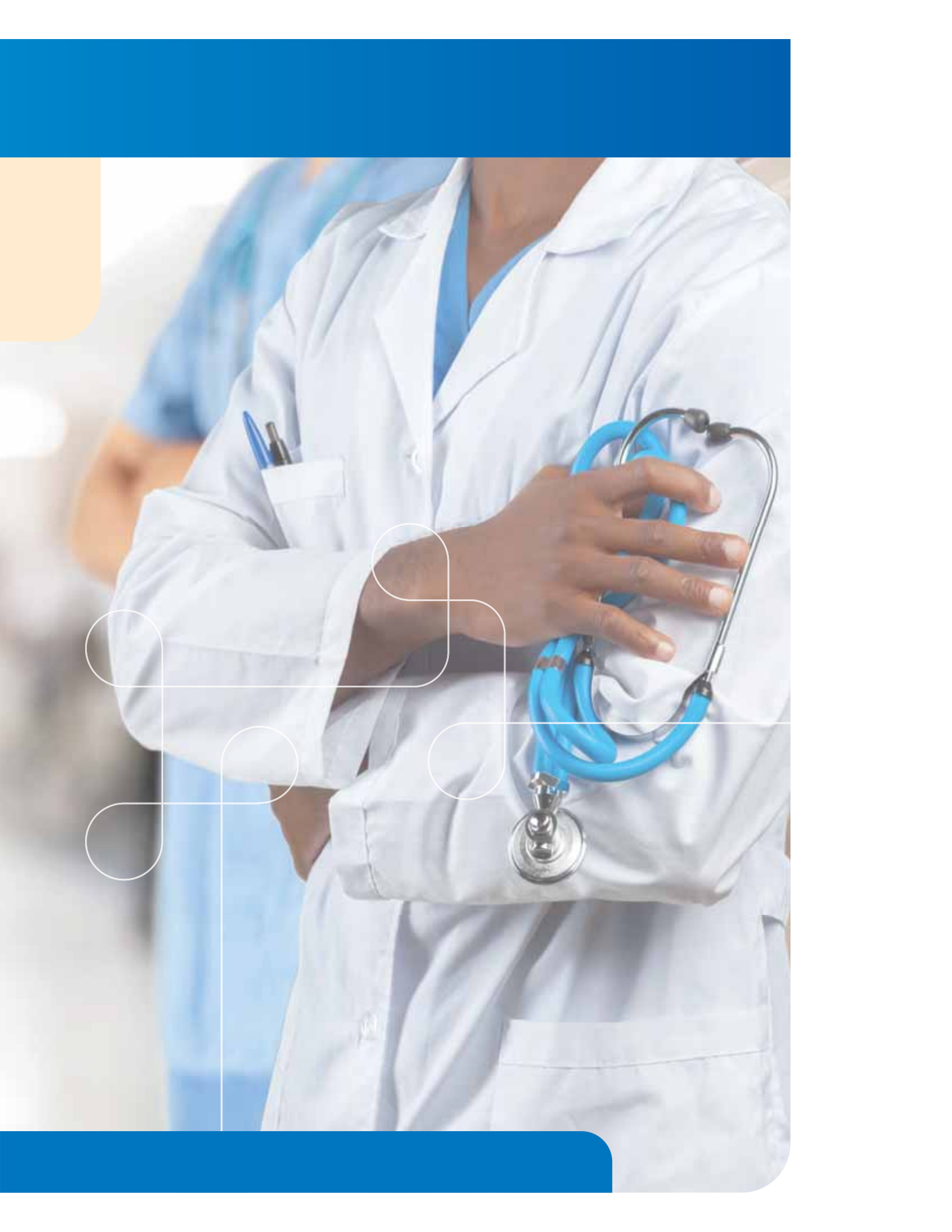
As it is a regulatory requirement that a medical staff has one leader, there will be a chief of staff for the Premier Medical Staff. Each facility would still have a president and president-elect. The new chief of staff position would be selected from the presidents of each facility by the MEC, and the president-elect would be nominated by each facility's MSOC and voted on by the active members of the facility. Other new leadership positions, referred to as "at large" positions, will be created to provide facility representation at the system MEC. These positions will be nominated and elected by each site's MSOC.

Departments; System Committees versus Site Committees

The departments of the medical staff would reflect the current structure at MVH. If the facility has the specific department, then it will have a facility department chair. Each department will have a System Department Chair who will be elected from the facility department chairs. Both the Credentials Committee as well as the Practitioner Wellness and Behavior Committee will become system medical staff committees. However, the Medical Staff Quality Committees will remain specific to each facility.

What's Next

Each independent medical staff at each hospital must decide to come together to form one Premier Health medical staff. This means that each medical staff must vote, by majority, either to accept a unified and integrated medical staff structure or to opt out of such structure and to maintain a separate and distinct medical staff for their respective hospital. Once a unified medical staff is approved, it is required that the medical staff bylaws have appropriate procedures for opting out of the unified structure as well.



Honoring Veterans, Community Activities, and Helping New Mothers

Atrium Medical Center

The annual medical staff appreciation dinner recognized 41 new physicians who joined Atrium Medical Center in 2019. The meeting also honored 66 physicians celebrating from five years up to 55 years of service at the hospital. The retirements of Jeff Zollett, MD; David Romano, MD; and Gary Cobb, MD, were also recognized. This year's event celebrated 24 Advanced Practice Providers, with service milestones ranging from one year to 20 years.



The quarterly Regional Police Chiefs Meeting was held at Atrium Medical Center. Police, fire, and EMS chiefs from Butler and Warren counties met for a

luncheon with hospital leadership and heard from **Jonathan Lazzara, DO**, who leads Atrium's 30-bed inpatient Behavioral Health Unit.

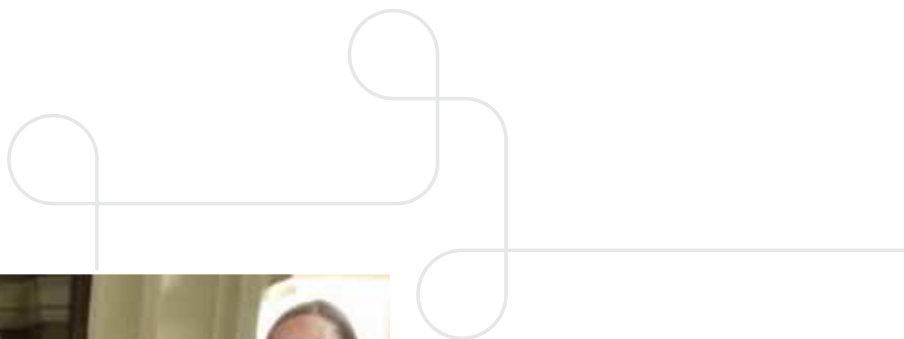
Atrium has been recognized as a "Best Place to Have a Baby" finalist by *Cincinnati Family Magazine's* Best of Parenting 2019 Awards. Atrium's Family Birth Center offers a full range of maternity care before, during, and after the birth of a child. The hospital's Natural Beginnings program, the only natural birth center in the Cincinnati

area, offers services that help expectant moms with low-risk pregnancies navigate labor with fewer traditional interventions. Hilltop Obstetrics and Gynecology was also recognized as a finalist in the magazine's "Best OB/GYN" category. Hilltop and Atrium partner in delivering babies at the hospital's Family Birth Center and at Natural Beginnings.

Atrium has received reaccreditation from the Commission on Accreditation of Rehabilitation Facilities (CARF) for its Inpatient Medical Rehabilitation Program. Programs receiving the three-year reaccreditation were inpatient hospital rehabilitation for adults, adolescents, and children, as well as the stroke specialty program. Atrium has been providing rehabilitation therapy services since 1984. It has been CARF-certified since 1995.

Atrium welcomed Middletown City Schools Superintendent Marlon Styles to the hospital for filming of the school district's #MiddieRising video campaign. Marquita Turner, Atrium chief operating officer/ chief nursing officer, and Tyler Roberts, executive director of the Middletown and Atrium Family YMCAs, joined Styles for a conversation about Middletown students who have participated in job shadows at each facility. The video will premiere during a community event Feb. 6 at Middletown High School.





Miami Valley Hospital

Premier Health and Miami Valley Hospital North were acknowledged with the Humanitarian Award at the Trotwood Chamber of Commerce recognition dinner. This recognition was given due to the relief efforts given after the Memorial Day tornadoes. MVHN Chief Operating Officer Mary Garman accepted the award on behalf of Premier Health.

Miami Valley Hospital South partnered with Cheddar's Scratch Kitchen in Centerville to provide "Welcome Home Baby Bundles" for one week in November. This is a national program designed to assist new parents with homemade dinners the first few nights. Additionally, families were surprised with vouchers for other baby essentials when discharged from the hospital. Miami Valley Hospital South was the only local hospital partner.

More than 50 campus police team members from all Miami Valley Hospital campuses received advanced crisis intervention training (CIT). This training is in addition to the CPI nonviolent crisis intervention training that team members receive from Premier Health. This advanced CIT is an intensive five-day session that provided the

team with essential knowledge and skills when responding to a mental health crisis. This training offers practical techniques for deescalating crisis situations.

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Honoring Veterans, Community Activities, and Helping New Mothers *(continued)*



The Women's Center at Miami Valley Hospital South was formally named the Dr. Parviz and Pari Daneshjoo Women's Center in honor of an innovative physician and his wife. A special recognition program and reception took place to officially unveil the new signage on campus. Dr. Daneshjoo was affiliated with Miami Valley Hospital throughout his entire 40-year career as an OB/GYN physician. In addition to providing exceptional care for his patients, resulting in more than 4,000 pregnancies, he had many 'firsts' during his career. Among them, he introduced video laser laparoscopy and super ovulation intrauterine insemination to Miami Valley Hospital. Most notably, he was an integral part of the team that established an *In Vitro* Fertilization program at the hospital in 1984 – the first in the state of Ohio. In the mid-1980s, he was a proponent for the purchase of the land that is now the location of Miami Valley Hospital South.

Board members from each of the four Premier Health foundations participated in a board retreat on Nov. 18. Foundation staff and board members discussed programs and projects funded through each of the Premier Health foundations and heard a presentation from Betsy Chapin Taylor, FAHP, president of Accordant Philanthropy. Ms. Taylor is an award-winning author, speaker, and consultant with more than 25 years of experience in the field, including 17 years as chief philanthropy officer in academic,

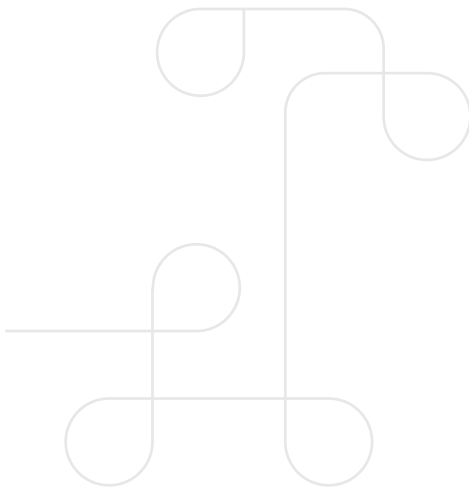
community, and children's hospitals.

The annual reception for members of the MVH Foundation's 1890 Society took place on Nov. 19 at the main hospital campus. The reception gives 1890 Society donors an opportunity to interact with hospital and system leaders and to learn how their contributions are being put to good use in enhancing programs that are unable to be funded by the hospital.

Upper Valley Medical Center

UVMC hosted a Veteran's Day program and celebration for the community on Nov. 11 featuring guest speaker U.S. Army veteran Gaylen Blosser. Mr. Blosser served in the Vietnam conflict and received numerous service medals. U.S. Congressman Warren Davidson also spoke to attendees. Veterans in attendance were recognized with a certificate of appreciation and small gift from UVMC administration and Future Leaders. In addition, nearly 600 American flags were displayed on UVMC grounds throughout November.

A ribbon-cutting and open house for the new linear accelerator system at UVMC was held Nov. 20 at the UVMC Cancer Care Center. The events were hosted by Premier Health/UVMC and Dayton Physicians Network for the community, business leaders, and general public. Among those in attendance was Ohio Senator Steve Huffman, MD, who presented a proclamation recognizing the





hospital and joint venture radiation oncology services for this technological advancement in cancer treatment.

A preview for the UVMC Cardiopulmonary Rehabilitation Center was hosted by the UVMC Foundation for patients and donors on Nov. 11 and 12 at the hospital. The event featured renderings of the expanded center currently under construction along with refreshments and interaction with cardiac rehab professionals. The new center is targeted to open in spring 2020.



A program for the community on varicose veins was presented by board-certified vascular surgeon **Laura Peterson, MD**, of Premier Vascular

Surgeons on Nov. 14 at StoryPoint Troy. Dr. Peterson's presentation covered signs and

symptoms, causes, diagnosis, treatment options, and complications related to varicose veins. The event included dinner and a question and answer session.



A free PSA Prostate Cancer Screening was provided Nov. 11 at UVMC Cancer Care Center. The two-part event, provided in conjunction with **Robert Kohut, MD**,

of Premier Health Urology in Troy, included a blood draw for PSA test followed by a physician consult.

An appreciation breakfast was held Nov. 20 in the UVMC Cafeteria to thank the hospital family for their hard work and dedication. All employees, medical staff, and volunteers were invited to enjoy a complimentary breakfast served by the UVMC executive team and management forum.



Husband and Wife Neurology Team Enjoys Vacationing in Antarctica



**Karen Arkin, MD;
Steven Arkin, MD**

What are your clinical specialties?

We are both neurologists. Karen is a general neurologist and Steve is a vascular neurologist.

Where did you go to school?

Karen went to University of Texas at Houston McGovern Medical School and



stayed there for her neurology residency and EMG fellowship. Steve went to Rush Medical College, then to University of Iowa for his neurology residency and neurophysiology fellowship.

What brought you to Premier Health?

After 26 years of practicing in Kansas City, we began looking for jobs with more flexibility, and both wanted work as neurohospitalists and teachers. We are very happy here and so impressed by the expertise, kindness, and work ethic of our fellow physicians. We knew right away that we had made the right decision.

Why did you choose medicine as a career?

We both loved science and found the brain fascinating and challenging.

Who are the people who influenced and/or mentored each of you?

Our wonderful and skilled professors who served as excellent and inspiring role models

What is one thing most people don't know about each of you?

We met at an epilepsy conference in Palm Springs and had a long-distance relationship.

Where are your hometowns?

Karen: Lubbock, Texas
Steve: Chicago, Ill.

Which sports team(s) do you cheer for?

Chicago Cubs, Bears, Blackhawks, Kansas City Chiefs, Dayton Flyers and Ohio State University

What is it like working with your spouse?

Easy and interesting with free second opinions!

What is your favorite song in your playlist?

Karen- anything by Post Malone
Steve- anything 80s

What is your favorite food?

Steak from the Pine Club

What is your favorite hobby?

Traveling the world

What is your favorite animal, and why?

Our Norwich Terrier puppy is our favorite animal because he is so funny!

Where is your favorite vacation spot, and why?

Antarctica has become our favorite vacation destination, because it is otherworldly and spectacular.

Pick a side

iPhone or Android?

iPhone

Early bird or night owl?

Early bird

Beach bum or mountain hiker?

Beach bum, especially Steve with his olive skin.

Dress shoes or tennis shoes?

Tennis shoes

Paperback or e-reader?

Paperback

Coffee or tea?

Coffee

Cooking or baking?

Baking

Sweet or salty?

Both!



Provider Praise

Premier Health patients submit thousands of comments each year acknowledging physicians across our health system for providing excellent care. Here is a random sampling of appreciation received in recent months:

Dr. Broderick and catherization team was wonderful and caring.

Both **Dr. Cobb** and the nursing staff were outstanding!

Dr. Jafree, Dr. Matsura, and **Dr. Peterson** are to be commended for their dedication to their patient care, knowledge, and kind manner.

Dr. S. Kadakia has been super for my surgeon and health care. Understanding. Listened and very knowledgeable. Overall, the whole experience was great.

Dr. Snider is an awesome doctor. He always takes his time with you and answers all your concerns.

I always have a good experience at this office with the doctor and his staff. Very pleased with them. This doctor is very professional and couldn't be better. Thank you **Dr. Khatib's** office

I cannot say enough about all the staff – especially my nurses and

Dr. Plummlly (and his wound clinic staff). I feel so lucky to still have my foot and toe, and I feel so much better – better than I probably have in a year!

Dr. Sadhu and **Dr. Tran** were great.

Dr. Sharon and my delivery nurse were amazing. I am highly thankful to have had both of them, especially since my premature rupture meant I would not deliver with the OB I saw my whole pregnancy.

I was so lucky to have had **Dr. Southerin** and his team on call the night of my surgery!

New Epic ADT Orders

Walter Reiling, MD, system vice president and chief medical information officer, Premier Health



Beginning in January 2020, Premier Health will revamp our ADT orders in Epic. ADT stands for Admit, Discharge, and Transfer. These are the orders that direct where your patients go in the hospital and when they go home.

Since Premier Health began with four distinct and separate institutions, our orders were different in each location. This has made it more complex to navigate patients through the system and has made it more difficult for staff, physicians, and APPs to move between our locations. In addition, Epic now has numerous opportunities to automate tasks which will allow our patients to

move more efficiently into our hospitals, switch between different levels of care, and ultimately be discharged. Starting in January, Premier Health will replace the existing orders with ones designed to be the same across the system. These updated orders will take advantage of the advanced capabilities to facilitate the movement of our patients. The new ADT orders will be simpler and more streamlined as well. More information with the details will be forthcoming as the launch date gets closer.

Credential Validation for Providers Using Epic Without Hospital Privileges

To ensure physicians and APPs using the Premier Epic system are all appropriately credentialed, Premier Health will begin a process to validate the credentials of users who currently do not have hospital privileges. Recently, there has been an increase in the number of physicians and APPs using Epic in an office environment and not holding membership in the medical staff at any Premier Health facility. Effective January 30, 2020, Epic users who do not have membership in the hospital medical staff at Atrium Medical Center, Miami Valley Hospital, or Upper Valley Medical Center will have to make a one-time visit to the medical staff office at one of the hospitals to establish proof of identity and validate license, DEA, and any collaborative

agreement information. Failure to complete this process will result in removal of Epic access. This will ensure compliance with ePrescribing rules mandated at the federal level. Some affected providers have completed this process over the past year to gain access to send controlled substances electronically. Those individuals will not have to repeat the process.

This will apply to physicians and APPs only. Nurses, MAS, and other staff will not be impacted. Any provider already credentialed by the medical staff office at any of our hospitals should not take any further action. If you need to begin the process, contact the medical staff office at any Premier Health hospital.

Premier Health Cardiologist First in Ohio to Use New PAD Technology



Premier Health cardiologist **Gary Fishbein, MD**, is the first in Ohio to use new technology offering a better view and easier access to smaller vessels in the legs for patients with peripheral artery disease (PAD).

The Pantheris Small Vessel (SV) procedure is advanced atherectomy technology offered by Avinger Inc. and approved for use by the Food and Drug Administration in April. An atherectomy is a minimally invasive treatment for PAD utilizing a catheter-based device to remove plaque from a blood vessel.

Dr. Fishbein used Pantheris SV at Miami Valley Hospital Sept. 20 on a female patient with diabetes who had previously had multiple procedures on leg arteries. The patient reported recently she was again able to walk desired distances without problems she experienced before the procedure.

“This is laser-assisted technology that allows you to see layers of the artery where you are working,” Dr. Fishbein

said. “This allows us to clean the plaque out of the artery, to allow more blood flow.”

Physicians using other devices rely on X-ray as well as tactile feedback during the interventions.

The Pantheris SV is for use on patients with smaller arteries of two to four millimeters, while other devices are for arteries measuring four to seven millimeters. This treatment most often benefits people with diabetes, who tend to have smaller arteries, and women, Dr. Fishbein said.

During the procedure, a catheter is placed down an artery. A wire is passed beyond the narrowing where the buildup of plaque has occurred. The Pantheris SV’s cutter window is then pointed toward plaque, which is shaved away as the wire is retracted.

“I liken it to a snowplow. The blade comes out and scrapes away the plaque,” Dr. Fishbein said.



Premier Health, City of Dayton Set Stage for Successful Redevelopment of Former Good Samaritan Hospital Site



Premier Health and the City of Dayton reaffirmed their long-term partnership to foster positive redevelopment of neighborhoods in the northwest part of the city, pledging a combined \$30 million to redevelop the former Good Samaritan Hospital site and surrounding neighborhoods.

The health system and city announced on Dec. 2 that each has pledged \$15 million to leverage in the redevelopment of the hospital campus, which closed in July 2018. The commitment over the next decade extends a revitalization partnership that began more than 15 years ago as the Phoenix Project.

“The success of Northwest Dayton is key to the health of our region,” said Mary Boosalis, president and CEO of Premier Health. “Our health system takes its responsibility as a corporate citizen seriously, and we’re dedicated to doing our part to attract significant reinvestment and energy to the neighborhoods surrounding the former Good Samaritan Hospital campus.”

As part of that commitment, Premier Health will in addition cover expenses associated with preparing the former Good Samaritan Hospital site for redevelopment.

“The redevelopment of the former Good Samaritan Hospital is a critical project for the City of Dayton, and the Phoenix Next Vision Document will lay the groundwork for this work,” said Dayton Mayor Nan Whaley. “The City of Dayton and Premier Health are committed to working in partnership over the next 10 years to ensure that this vision becomes a reality. I am so pleased that Premier has committed additional resources toward the ongoing stability of the Salem

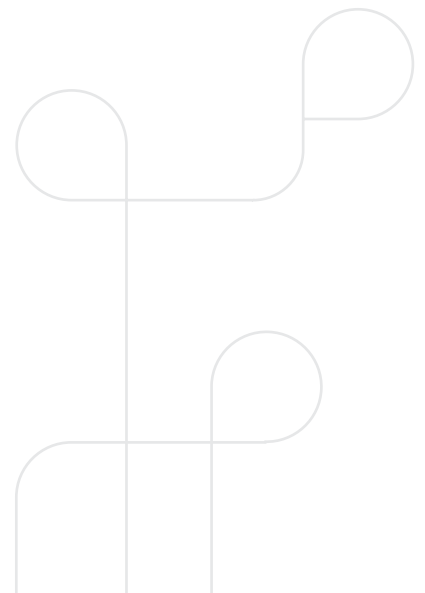
Avenue Corridor and to the execution of this vision.”

Premier Health and the City of Dayton also released a “Re-use and Investment Vision” for the area immediately surrounding the former Good Samaritan Hospital campus that was developed through a collaborative effort over the past year. The vision focuses on two areas: promoting health and wellness, and advancing next-generation learning.

As part of the redevelopment effort, a new nonprofit organization, Phoenix Next Dayton, will form to guide the redevelopment effort. A new board will be seated in January 2020. New board members will include Shelley Dickstein and Todd Kinskey from the City of Dayton; Eloise Broner and Patrick Ray from Premier Health; and community members Sister Carol Bauer and Belinda Matthews Stenson.

“We have listened carefully to the opinions of more than 500 people who care deeply about what the next chapter looks like for these neighborhoods and how it will unfold,” said Broner, who will chair the nonprofit board. “We have very much appreciated their input, which will help inform our ongoing redevelopment efforts for years to come.”

The Phoenix Project to date has resulted in investments of more than \$20 million from the City of Dayton, Premier Health, and CityWide Development that were used to leverage an additional \$45 million. Phoenix Next was launched in early 2018 to create a vision for the re-use of the 13-acre site formerly occupied by Good Samaritan Hospital, as well as surrounding neighborhoods.



Collaboration Drives Our Cancer Care



MD Anderson Cancer Network®, a program of MD Anderson Cancer Center, is a network of select hospitals and health care systems dedicated to advancing the mission of eliminating cancer and elevating the quality and accessibility of cancer care to local communities around the world.



Oncology Institute **Chair Charles Bane, MD**, would like to remind providers that, as a certified member of the MD Anderson Cancer Network, Premier Health offers treatment based on national guidelines of cancer care and best practices established by MD Anderson.

Recently, MD Anderson advised Premier Health that all of our certified medical oncologists have continuously achieved greater than 90 percent concordance to guidelines in the medical oncology peer review process.

We now have 55 cancer specialists who have been certified through MD Anderson's rigorous peer review concordance process. This collaboration also allows our certified cancer specialists to routinely discuss challenging cases with MD Anderson's experts through physician-to-physician consultations, which shows our commitment to offer best-in-class care for our patients close to home.

Easy Referral Process to a Cancer Navigator Launches in January – A new and easy Epic and non-Epic referral process to an oncology nurse navigator will be available for physicians. In January, a formal communication plan including easy tips to refer a patient to a cancer navigator will be coming to physician practices. We encourage primary care physicians and specialists to refer to an oncology nurse navigator prior to or at the actual diagnosis so that the navigator can assist patients and their families with care coordination, transportation, and other supportive services within Premier Health and our community.

New Gynecological Cancer Clinical Trial

(GOG 3036/MERCK) offered at Miami Valley Hospital South is the first and currently only site in the United States to offer a Phase III Clinical Trial Study for women with Stage III or IV BRCA negative ovarian cancer. The main goal of this study is to show the combination of standard chemotherapy + Keytruda + Lynparza is superior/better to standard chemotherapy alone by prolonging the time before disease progression and increasing overall survival statistics. For questions, please contact Michael Guy, MD, and Principal Investigator located at the MVHS Gynecological Oncology Center, at (937) 438-7800.

Technology – Radiation Oncology Services (ROS) - a joint venture between Premier Health, Dayton Physicians, and Wayne Hospital installed the new Trubeam XRT for patients at Upper Valley Medical Center and Atrium Medical Center this year. The new equipment delivers radiation treatment more effectively and reduces side effects and treatment time for cancer patients.

Ryan Steinmetz, MD, medical director of ROS, would like to educate physicians on another technology/procedure called SpaceOAR for prostate patients receiving external beam radiation therapy. It is a gel that is injected by the radiation oncology specialists in the space between the prostate and rectum. It is a one-time procedure prior to radiation therapy and performed in the operating room at Atrium Medical Center and Miami Valley Hospital South. During the planning process, we can protect the rectum from radiation exposure to reduce side effects during and after the radiation therapy. It disappears after the treatment is completed.

