How do I order my Meals?

You can order your meals from your TV by using your call light/pillow speaker or an App on your phone or smart device. If you have any questions or need help ordering your meals, ask your nurse or a member of your care team to help you.





Step 2: From MY DASHBOARD scroll down to Have you Ordered Your Meals?

Step 1: On your call light/pillow speaker, press MENU

Step 3: Press **SELECT** on the call light/pillow speaker

My Meals	Welcome to Premier Health
Jane D.	6675
You may use this service to make your meal selections. Current meal options are on the right. You may place your meal orders for	LUNCH TODAY Meal order complete
both today and tomorrow prior to the time listed. If you need assistance, please contact your nurse or care team.	DINNER TODAY Order by 5:10 PM today
Your current diet order is: Cardiac.	BREAKFAST TOMORROW Order by 8:10 AM tomorrow
Your nutrition goals: Fat: 5 EXCH	LUNCH TOMORROW Order by 12:10 PM tomorrow
Sodium: 1400 MG	DINNER TOMORROW Order by 5:10 PM tomorrow

Step 4: Choose the meal you wish to order by using the arrow buttons and press **SELECT** on the meal desired.

There are many food choices. Your choices are based on the diet your doctor has ordered.

Step 5: Use the arrow buttons to choose the type of food or drink and press SELECT.

- Drinks and condiments (catsup, mustard, sweetener, salt, and pepper) are on the next screen.
- To remove a food or drink from your order, use the arrow buttons to find it and press **SELECT**.
- Use the Page down button for more meal choices, then press SELECT.
- If you want more than one (1) helping, use the number buttons to select how many you want.
- You will receive a pop-up message if you choose a food item that exceeds the limits of your diet.
 - Press the **Back** button to make changes.

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	al Phosphorous 0 MG Potassium 0 MG

Step 6: When you are ready to place your order, go to View My Meal and press SELECT.

Step 7: Make sure everything ordered is correct and remember to order your drinks and condiments.

If any changes are needed, press the **Back** button

If everything is correct, go to the **Order Meal** and press SELECT.

Step 8: Choose the <u>time</u> you would like your meal delivered to your room by pressing the up or down arrow buttons and press **SELECT** to lock it in.

- A Checkmark will appear next for all the meals ordered on the first meal screen.
- Once all your meals have been ordered on the TV, they cannot be changed on the TV.

